

The City of  
**SAN DIEGO**  
Parks and Recreation Department

## MID CITY GYMNASIUM

4302 Landis Street  
San Diego, CA 92105  
Phone – (619) 516-3082 Fax – (619) 516-3081

<https://www.sandiego.gov/park-and-recreation>

# SUMMER PROGRAM 2018

### Hours of Operation

Monday – Friday 2:00pm-9:00pm  
Saturday 10:00am-4:00pm  
Sunday 12:00pm-4:00pm



### Staff

Raul Contreras .....Area Manager II  
Salvador Partida Jr ..... Center Director I  
Anuar Martinez .....GMS  
Leticia Caballero .....Rec. Leader I  
Ricky Monroe .....Rec. Leader I  
Dajasia Morales .....Rec. Leader I  
Marlin Maxwell .....Rec. Leader I  
Karl Mickelsen.....Rec. Leader I  
Gabriela Padilla.....Rec. Leader I



### Permit Processing Days and Times

Tuesday's, 2:00pm-7:00pm or by Appointment

### Class Registrations Days and Times

Tuesday's and Thursday's, 2:00pm-7:00pm. We also encourage you to register online at [SDRecConnect.com](http://SDRecConnect.com)

Hours of Operation, Programs and Fees may change without notice.

## **Pee Wee Sports – Indoor Baseball/Softball**

This course is an introductory sports program for all Pee Wee Ages. The program is organized by park & rec staff from Mid-City & neighboring parks.

Ages: 4 – 7. Coed. Fee: Free (Spaces are limited)

Days & Times: Wednesday's 5:45pm-6:45pm & Saturday's 1:30pm-2:30pm.

Effective: June 27, 2018 – September 5, 2018

Activenet Activity Code: 51679



## **Teen Night Basketball Clinic**

Compete in a Basketball clinic organized by park & rec staff from Mid-City & neighboring parks.

Ages: 13 – 18, Coed. Fee: Free.

Activenet Activity Code: TBD

Effective: June 1 – August 31, 2018

Coaches: Ric Monroe, Marlin Maxwell.

Friday's 4pm-7pm.



## **FERN STREET CIRCUS**

Ages: 6 – 17. Coed.

Dates/Times: Tuesday's, 4:30pm-6:30pm

Fee: Free

Activenet Activity Code: 51677



## **Outreach Self-Defense Karate**

Ages: Youth – Adult. Coed.

Fee: \$8.00 per class (register in person during class times)

Dates/Times: Thursdays, 5:45pm-8:45pm.

Instructor: Mario Abrencia Jr.



## **Summer Soccer**

This is an introductory soccer class for all levels. The program is organized by park & rec staff from Mid-City & neighboring parks.

Ages: 7 – 12. Coed Fee: Free! (Spaces are limited)

Effective: June 15 – August 31. Activity Code: 53559

Dates: Friday's/Sunday's. Times: 5pm-7pm/2:30pm-4:30pm

Location: Cherokee Point Joint Use Field.



## **WARRIORS VOLLEYBALL CLINIC**

This is an introductory clinic for student athletes that want to further enhance their skills in volleyball. The program is organized by park & rec staff from Mid-City & neighboring parks.

Ages: 13 – 18 years old. Coed. Fee: Free! (spaces are limited)

Dates/Times: Mondays. 4pm-7pm

Effective: June 25 – August 27

Activity Code: 53617



## **Warriors Baseball**

Compete in an RBI baseball league organized by park & rec staff from neighboring parks.

Ages: 8 - 12. Coed. Fee: Free.

Dates/Times: TBD. Location: Park de la Cruz Softball Field

Instructor: Gabby and Karl

Activity Code 10U: 53557

Activity Code 12U: 53558

Effective: June 26 – August 29





**Run, walk, swim, golf, skate, bike, hike, or recreate your way to health in 2018.** Visit various recreation centers between June 16 and August 18 to complete designated activities and receive your very own SD Parks Fitness Goal Book to help you establish and achieve your fitness goals. Participate in the 2 month program with free and easy registration at your local Park and Recreation facility or at [sdreconnect.com](http://sdreconnect.com)

**MID CITY GYMNASIUM HAS OPEN PLAY BASEKTBALL & OPEN PLAY FUTSAL (dates/times vary)**



## **Calling All Pups!**

“Barks Fit” participants will receive a bandana at the events. Tag your snaps and selfies with #ParksFitSD **Kickoff Event - 1 Mile Fun Run & Festivities**

Saturday, June 16, 2018 at 8:00am

Dolores Magdaleno Memorial Recreation Center, 2902 Marcy Ave., San Diego 92113

**Finale Event - 5K Run/Walk & Family Celebration**

Saturday, August 18, 2018 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106

Stay Fit San Diego! Visit: [www.sandiego.gov/parksfitsd](http://www.sandiego.gov/parksfitsd) for more information.

Proudly Presented by:





# Kids to Canyons

*A program introducing kids to their local, natural environments*

Kids to Canyons, partnered with NRPA's Wildlife Explorers, is a new program for children ages 5-14 years old that will introduce kids to positive outdoor recreational opportunities. The program will teach healthy habits by providing outdoor opportunities through creative play while using their natural surroundings. Sessions will be offered starting in **Summer of 2018**.

***Our Vision: "To connect all to the City's diverse world class park system."***

# GENERAL INFORMATION/INFORMACIÓN GENERAL

## CITY HEIGHTS RECREATION COUNCIL

The recreation council meets the fourth Tuesday of each month at 6:30pm at City Heights Recreation Center. Come out and give us your input. For more information please call the recreation office at 619-641-6125.

## CONCILIO DE RECREACIÓN PARA CITY HEIGHTS

Se junta el tercer jueves de cada mes a las 6:30pm en el centro recreativo City Heights. Venga a dar su opinión. Díganos lo que le gustaría ver en su centro recreativo.

## EQUIPMENT CHECK OUT

You can check out a variety of recreational equipment including: footballs, basketballs, soccer balls, ping-pong, board games etc... For kids and for adults, you need a picture ID.

## EQUIPO PRESTADO

Pueden sacar prestado hay una variedad de equipo recreativo incluyendo pelotas de fútbol americano, fútbol, baloncesto, ping-pong, juegos de mesa y más. Niños nomás necesitan una tarjeta recreativa. Adultos necesitan su tarjeta de identificación.

## PARK USE & SPECIAL USE PERMITS

Call the nearest recreation center. Permits are required for jumps and special use.

## PERMISO DE PARQUE O USO ESPECIAL

Llame al centro recreativo más cercano. Se requiere permiso en el parque para brincolines y para el uso especial.

## REGISTRATION

All fees based on contractual programs register on a monthly basis. Fees are due before the start of the first class. There is a \$25.00 service charge for all returned checks. Classes not meeting the minimum number of participants may be cancelled. Some activities have limited space available.

## INSCRIPCIONES

Las inscripciones contractuales para clases serán cada mes. Las cuotas deben pagarse antes de que empiece la clase. Habrá un recargo de servicios de \$25.00 para los cheques que se devuelva. La clase podrá ser cancelada si no tenemos el mínimo requisito de estudiantes. Unas clases tienen espacio limitado.

## DONATIONS

By donating to our park system, you can help the Park and Recreation Department to enrich the lives of others through quality parks and programs. Your gift will help ensure that we meet the needs of the community, including people of all ages, abilities and income levels through recreation, natural open space parks, neighborhood parks, and aquatics programs. For more information on how you can become a donor to your favorite park, pool or recreation program, please call David Monroe, Deputy Director, CPII Division, (619) 525-8235.

## DONACIONES

Con su donación al sistema de parques, usted puede ayudar al Departamento de Parque y Recreación enriquecer las vidas de otros por medio de parques y programas de calidad. Su donación ayuda que podamos cumplir con las necesidades de la comunidad de todas las edades, habilidades y niveles de ingresos por medio de recreación, parques de espacios naturales, y programas acuáticos. Para más información sobre cómo puede donar a su parque, alberca o programa recreativo favorito, comuníquese con David Monroe, Director Diputado, CPII División, (619) 525-8235.

## VOLUNTEERS NEEDED!

Ongoing opportunities are available at recreation centers, pools and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit [www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml](http://www.sandiego.gov/park-and-recreation/general-info/volunteer.shtml) or contact the Volunteer Office at (619) 533-4017.

## ¡NECESITAMOS VOLUNTARIOS!

Tenemos oportunidades disponibles en nuestros centros de recreación, albercas, y parques regionales en toda la ciudad, también con programas de recreación para mayores de edad y terapéuticos, y mucho más. Si usted está interesado, infórmese con el personal o visite nuestra página de Internet a [www.sandiego.gov/park-and-recreation/generalinfo/volunteer.shtml](http://www.sandiego.gov/park-and-recreation/generalinfo/volunteer.shtml) o comuníquese con la Oficina de voluntarios al (619) 533-4017 para más información.

